niva Bupa Health Insurance

EVERYDAY HEALTH

The most comprehensive OPD plan at your fingertips.



CUSTOMISABLE

COMPREHENSIVE

COMPLETELY DIGITAL

NOT JUST OPD
THIS IS WELLNESS

Everyday Health is a thoughtfully designed offering to provide comprehensive coverage for the **'Everyday'** health needs for your customers.

A one if its kind offering, which is completely modular and can be customized as per the requirements. The benefits not only caters to the health needs but also focusses on Wellness of your customers.

Everyday Health Advantages

- Choose from OPD and Wellness related benefits and make a Customized plan
- Choose the Limits for each benefit individually or Offer a Master Sum Insured
- Personalize as per need. Offer only Health or Wellness Benefits or Both
- Seamlessly combine with other NBHI* products or offer on standalone basis
- Complete Digital Offering with Easy to use Journeys through the NBHI Health App



The OPD Platform

Everyday Health is not just a product, it is a complete platform, providing easily customizable benefits and hassle-free service access.

The Core Benefits

Doctor Consultations
Digital and Physical Consultations with General Practitioners and Specialists

Diagnostics
Any diagnostic tests like Lipid, CBC, LFT, etc. or pre defined packages

Pharmacy
Medicines prescribed for a treatment by the doctor including dietary supplements

Innovating Wellness



Vaccinations
Get Vaccination cover for preventing diseases and maintaining a healthy lifestyle

Gym Membership & Fitness Sessions
Membership for gyms for complete physical fitness. Choose from Physical gyms or Online fitness sessions

Diet & Nutrition Consultations
Online Sessions with a Health Coach to keep track of dietary requirements. Get diet plans, tips for a healthy lifestyle

Mental Wellness Sessions
Sessions with a mental health specialist. Get Assessments, tips for a healthy Mind.

Preventive Health Check-up
Choose the tests or select from a pre defined package. To keep track of your health

A Unique Proposition

Choose how to offer the benefits, providing complete control to you.

Choose a **Single Wallet** for all benefits or **Independent Wallets** for each benefit with their own limits

Give **Vouchers** for any of the benefits. Choose vouchers based on number of consultations, tests or visits or choose a monetary value

Choose only Wallet or Vouchers or Both under a single plan

The Most Flexible Wallet

Integrated Wallet

A Single Wallet with a master limit for all benefits. Option to choose sub-limits for each benefit or cover them up to the Master Wallet Limit.

Option 1

A Wallet with No Sub-limits

- Physical Consultations with a General Practitioner
- Prescribed Pharmacy
- Prescribed Diagnostics

Master Limit INR 10,000

Option 2

A Wallet with Sub-limits

- Physical Consultations with a General Practitioner up to INR 5,000
- Vaccinations up to INR 2,500
- Prescribed Diagnostics up to INR 5,000
- Prescribed Pharmacy up to INR 5,000

Individual Benefit Wallet

A separate wallet for each benefit with independent limits under a single plan

- Physical Consultations with a General Practitioner up to INR 5,000
- Prescribed Pharmacy up to INR 2,500
- Preventive health Check-up, up to INR 1,000
- Mental Wellness Sessions - 10 Sessions (Cashless)
- Annual Gym Membership (cashless)

Vouchers

Single Use Vouchers that can be given for any of the benefits.
Any number of coupons can be offered for all or selected benefits.

Option 1 Consultations

5 Vouchers for Physical Consultations | **20 Vouchers** for Tele-Consultations

Option 2 Diagnostics

3 Vouchers of INR 1000 each for Diagnostics I **1 Voucher** for Preventive Health Check-up

Option 3 Wellness

Gym Membership for **3 Months** I **3 Vouchers for INR 750** per visit for Nutritionist & Dietician I **1 Voucher for INR 3000** for Mental Wellbeing

Benefit List

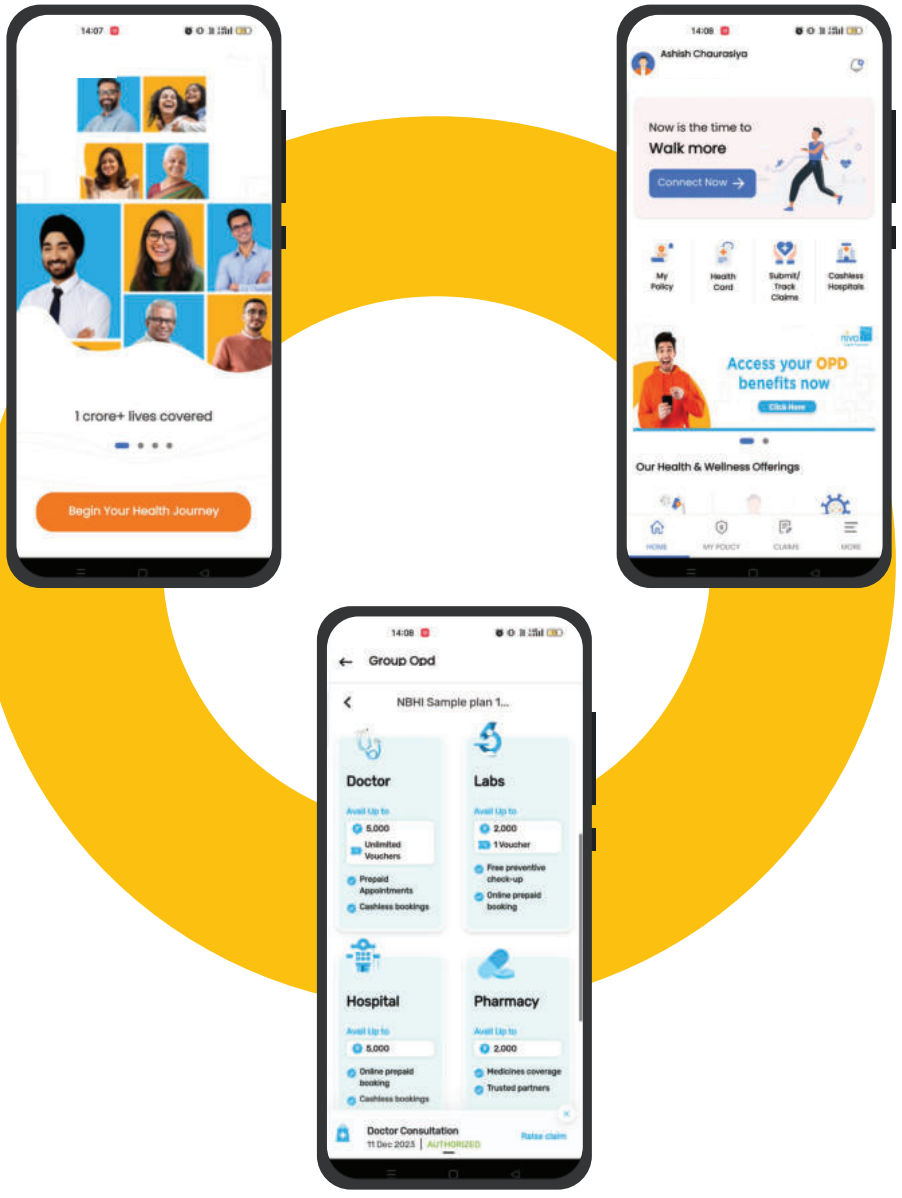
- Tele & Video Consultations with GP & Specialists
- Physical Consultations with GP & Specialists
- Diagnostic Services
- Pharmacy
- Vaccinations
- Second Medical Opinion
- Dental[$]
- Eye Care[$]
- Diet & Nutrition Sessions
- Annual Health Check-up
- Home Health Care Services
- Monitoring Devices
- Mental Wellness Sessions
- Gym Membership, Online Fitness Sessions
- Condition Management Packages

Cashless Reimbursement (with or without co-payment)

Completely Digital Delivery

Access the benefits at the click of a button through the NBHI Health App. Book / reschedule / cancel your booking, access reports or file for reimbursement claims.

Login to the NBHI Health App



Click on the OPD Banner

Avail the benefits

niva Bupa Health Insurance | EVERYDAY HEALTH

Disclaimer: This is only a summary of the product features and is for reference purpose only. The details of benefits available shall be as described in the policy schedule, and will be subject to the policy terms, conditions and exclusions. Please call our customer service if you require any further information or clarification.

Disclaimer: Insurance is a subject matter of solicitation. Niva Bupa Health Insurance Company Limited (formerly known as Max Bupa Health Insurance Company Limited) (IRDAI Registration No. 145). 'Bupa' and 'HEARTBEAT' logo are registered trademarks of their respective owners and are being used by Niva Bupa Health Insurance Company Limited under license. Registered Office:- C-98, First Floor, Lajpat Nagar, Part 1, New Delhi-110024; CIN NO. U66000DL2008PLC182918. Product Name: Everyday Health, Product UIN: NBHHLGP24173V012324. UIN: NB/SS/CA/2024-25/217. Website: www.nivabupa.com. Fax: + 9111 41743397. Customer Helpline No.: 1860-500-8888. For more details on terms and conditions, exclusions, risk factors, waiting period & benefits, please read sales brochure carefully before concluding a sale. *NBHI Group products only. $ Part of Physical Consultation with Specialist Benefit.